

## Daily Alternate Selection Menu

- ❖ **1- Country Fried Steak, Country Gravy, Mashed Potatoes, Mixed Vegetables.**
  
- ❖ **2- Heart healthy baked Chicken Breast, Brown Rice, Steamed Vegetables.**
  
- ❖ **3- Classic Chef's Salad:  
Cheese, Tomatoes, Boiled Egg,  
Cucumber, Onion, Crisp lettuce, Choice of Dressing**
  
- ❖ **4- Cottage Cheese & Seasonal Fruit Plate.**

*Snacks available all day!*



<b>Sunday 8/4</b>	<b>Monday 8/5</b>	<b>Tuesday 8/6</b>	<b>Wednesday 8/7</b>	<b>Thursday 8/8</b>	<b>Friday 8/9</b>	<b>Saturday 8/10</b>
Assorted Juice Cold Cereal Scrambled Eggs Crisp Hash Browns Bran Muffin Fruit Cup	Assorted Juice Cream of Wheat Deluxe Waffles Warm Maple Syrup Crispy Bacon Fruit Cup	Assorted Juice Oatmeal Egg of Choice Whole Wheat Toast Fruit Cup	Assorted Juice Cold Cereal Cinnamon French Toast Cream Cheese Topping Sausage Links Fruit Cup	Assorted Juice Cream of Wheat Cheesy Scramble Buttermilk Biscuit Fruit Cup	Assorted Juice Oatmeal Pancakes Warm Maple Syrup Crispy Bacon Fruit Cup	Assorted Juice Cold Cereal Mushroom Scramble Whole Wheat Toast Fruit Cup
BBQ Drumsticks Corn on the Cob Green Beans  <b>Dessert:</b> Chef's Choice	Baked Beef Rigatoni Italian Vegetables Toasted Garlic Roll  <b>Dessert:</b> Baked Cookies	Southwest Chicken Salad Choice of Dressing  <b>Dessert:</b> Apple Cranberry Gelatin	Herb Crusted Turkey Savory Turkey Gravy Cornbread Dressing Glazed Carrots  <b>Dessert:</b> Frosted Cake	Hungarian Goulash Skillet Fried Potatoes Green Peas  <b>Dessert:</b> Classic Pecan Pie	Honey Baked Ham Cheese Noodles Capri Blend  <b>Dessert:</b> Hot Fudge Sundae	Chicken Pot Pie Steamed Broccoli Warm Biscuit  <b>Dessert:</b> Fruit Cobbler
Grilled Cheese Sandwich Baked Zucchini Sticks  <b>Dessert:</b> Chef's Choice	Crispy Egg Rolls Sweet & Sour Sauce Garden Lo Mein  <b>Dessert:</b> Frosted Cupcakes	Classic Meatloaf Brown Pan Gravy Mashed Potatoes Mixed Vegetables  <b>Dessert:</b> Ice Cream Cup	<b>"Khem Meal"</b>  Stir Fry Beef Steamed Basmati Rice Sauteed Asparagus  <b>Dessert:</b> Key Lime Pie	Chicken Cacciatore Parslied Noodles Sauteed Zucchini  <b>Dessert:</b> Marshmallow Pudding Dessert	Corn Dogs Assorted Condiments Baked Tatar Tots Creamy Coleslaw  <b>Dessert:</b> Baked Cookies	Meat lovers Pizza Light Caesar Salad/ Creamy Caesar Dressing  <b>Dessert:</b> Eclairs
<b>Soup De Jour</b>	<b>Potato Corn Chowder</b>	<b>Classic Tomato Bisque Soup</b>	<b>Southeast Asian Coconut Corn Soup</b>	<b>Italian Vegetable Soup</b>	<b>Classic Barley Soup</b>	<b>Vegetable Rice Soup</b>