

Daily Alternate Selection Menu

- ❖ **1- Deli Sandwich, Lettuce/Tomato Plate, Choice of Chips, Assorted Condiments.**
- ❖ **2- Heart healthy baked Chicken Breast, Brown Rice, Steamed Vegetables.**
- ❖ **3- Classic Chef's Salad:
Cheese, Tomatoes, Boiled Egg,
Cucumber, Onion, Crisp lettuce, Choice of Dressing**
- ❖ **4- Cottage Cheese & Seasonal Fruit Plate.**

Snacks available all day!



Sunday 11/10	Monday 11/11	Tuesday 11/12	Wednesday 11/13	Thursday 11/14	Friday 11/15	Saturday 11/16
Assorted Juice Cold Cereal Scrambled Eggs Whole Wheat Toast Fruit Cup	Assorted Juice Cream of Wheat Buttermilk Pancakes Warm Maple Syrup Sausage Links Fruit Cup	Assorted Juice Oatmeal Eggs Whole Wheat Toast Fruit Cup	Assorted Juice Cold Cereal French Toast Warm Maple Syrup Crispy Bacon Fruit Cup	Assorted Juice Cream of Wheat Egg of Choice Whole Wheat Toast Fruit Cup	Assorted Juice Oatmeal Belgian Waffles Warm Maple Syrup Sausage Links Fruit Cup	Assorted Juice Cold Cereal Scrambled Eggs Whole Wheat Toast Fruit Cup
Nacho Supreme Sour Cream Fresh Guacamole Salsa Verde Dessert: Chef's Choice	BBQ Chicken Potato Salad Chefs Blend Dessert: Ice Cream	Sweet & Sour Ribs Steamed Rice Mixed Vegetables Dessert: Warm Berry Crisp	Hearty Beef Bourguignon Corn Bread Muffin Dessert: Fruited Gelatin	Southern Fried Chicken Sautéed Cabbage Black-Eyed Peas Dessert: Baked Brownies	Shrimp Scampi Fettuccine Noodles Steamed Broccoli Dessert: Frosted Cake	Corn Dogs Baked Tater Tots Assorted Condiments Dessert: Hot Fudge Sundae
Baked Fish Fillet Lemon Wedge Tatar Sauce Coconut Rice Creamy Coleslaw Dessert: Chef's Choice	Baked Ziti Caesar Salad/ Cesear Dressing Warm Baked Roll Dessert: Chocolate Cake	Sub Sandwich Choice of Chips Assorted Condiments Dessert: Baked Cookies	Pepperoni Pizza Green Garden Salad/ Choice of Dressing Dessert: Chilled Pudding	Pork Chops Steamed Rice Winter Vegetables Dessert: Warm Apple Pie	Meatloaf Savory Brown Gravy Mashed Potatoes Steamed Carrots Dessert: Cranberry Crisp	Baked Chicken Drum Fried Potatoes Buttered Corn Dessert: Snickerdoodle Cookies
Soup De Jour	Vegetable Barley Soup	Classic Tomato Soup	Classic Split Pea Soup	Butternut Squash Soup	New England Clam Chowder	Classic Vegetable Soup